



Dear Section 2 Teams and Coaches,

Ankeny Family YMCA Swim Team is looking forward to hosting the 2009 Sectional YMCA Swim Meet on Sunday, February 15 at the Ankeny Family YMCA Swimming Pool in Ankeny.

Enclosed are the details and deadlines regarding the 2009 Sectional Swim Meet.

Participating Teams:

Ankeny, Rathbun Lake Area YMCA, Fairfield, Knoxville, Marshalltown, Oskaloosa, Ottumwa, and Pella

Meet Information:

Ankeny Family YMCA - Swimming Pool
1102 N. Ankeny Blvd.
Ankeny, IA 50023

Warm-Up: 8:00-9:45am (Teams will be assigned a specific time)

Meet will begin at 10:00am
(8-lane pool with Electronic Starting System and Touch Pads)

Ankeny Family YMCA is located in Ankeny, four minutes off of Interstate-35. From Interstate-35 go west on East First street to Ankeny Blvd, Turn right (go North) on Ankeny Blvd until you see Ankeny High School. Pull into the south parking lot of the high school and the YMCA entrance will be in the southwest corner of the building. Please enter the main entrance and proceed to the pool area on the second floor.

See you at Sectionals!

Ankeny Family YMCA Swim Team

Kraig Vry, Executive Director
Jaime Peterson, Aquatics Director
Deb Defino, Aquahawks Team Computer
Ankeny Aquahawks Coaches and Parents

Deadlines and General Information:

MEET ENTRIES:

DUE to Ankeny (Deb Defino and Jaime Peterson) by Tuesday, February 3.

Please follow the guidelines for sending in entries:

1. Please **email** your entries to Deb Defino at emb@defino.biz and Jaime Peterson at Jaime.Peterson@dmymca.org. Send an Easy Meet .sd3 file and/or Zip file via email to Deb and Jaime. Please also send a word or PDF file of your entries. ***Include your email, fax and phone number of the person to contact regarding your swimmers entries.***
2. Send **ONE CHECK** to **Nancy Phillips** along with your meet entries. (see Section 3 of the YMCA Swimming Rules for more info)

For questions or concerns regarding entries, please contact Kraig Vry at (515) 965-8800.

Day of the Meet Schedule:

7:30AM Camps and Facility open to swimmers and coaches

8:15 Warm Up 1

8:30 Coaches Scratch Meeting in Multipurpose Room

8:40 Warm Up 2

9:05 Warm Up 3

9:30 Starts

9:45 Swimmers exit the pool

9:55 National Anthem, Invocation

10:00 Meet Starts

Break will take place after event 48.

Warm-up 1

Lane 1 Ankeny

Lane 2 Ankeny

Lane 3 Ankeny

Lane 4 Ankeny

Lane 5 Ankeny

Lane 6 Ankeny

Lane 7 Ankeny

Lane 8 Ankeny

Warm-up 2

Lane 1 Rathbun

Lane 2 Rathbun

Lane 3 Marshalltown

Lane 4 Marshalltown

Lane 5 Marshalltown

Lane 6 Oskaloosa

Lane 7 Oskaloosa

Lane 8 Oskaloosa

Warm-up 3

Lane 1 Ottumwa

Lane 2 Ottumwa

Lane 3 Pella

Lane 4 Pella

Lane 5 Knoxville

Lane 6 Fairfield

Lane 7 Fairfield

Lane 8 Fairfield

Coaches Meeting:

The Coaches Meeting will be held in a Multi-Purpose room outside the pool area at 8:30am.

Bring scratches, Outstanding Swimmer & Coach Nomination and Suggested Rule Changes.

Signs will be posted..

Team Volunteers:

Officials and Timers:

We are asking that each team provide 2 officials, preferably one of which can also serve as a starter. Please let us know who your volunteers will be on the attached Official/Timer volunteer sheet. Officials will meet just prior to starts at 9:15 in the multipurpose room on the second floor. EACH TEAM is required to supply 3 timers for one lane for the whole day at Sectionals. Please send your names to Kraig Vry by Monday, February 9.

We will need 3 timers for each lane during the 8 and Under Events. (2 for all other events)

You do need ONE certified timer at your lane at all times.

Shift 1: 9:30am – 1:00(ish)

Shift 2: 1:00(ish) - 4:30pm (or the end)

Please email your Parent Volunteers to Kraig Vry by **Monday, February 9.**

Kraig Vry at Kraig.vry@dmymca.org; (515-965-8800 ext 105).

Clerk of Course:

Our High School balcony will serve as the clerk of course area and swimmers will be lined up for their events at the north entrance to the pool. Event numbers being called will be posted on boards in the holding area and also in the camp areas. Each swimmer will be marked each time they report to the clerk of course. Please have a parent volunteer accompany all 8 and under relays to the clerk of course.

Sectional T-Shirts:

We will be taking PRE-orders (Only) for Sectional T-shirts.

Please email your TEAM T-Shirt Orders form by Monday, February 2, at noon.

PLEASE SEND ORDERS WITH ONE CHECK AS A TEAM by Monday, February 9, DO NOT SEND THE INDIVIDUAL ORDERS. We will distribute the orders to the team coaches at the coaches meeting. Please see attached order form.

Please send a copy of your order form and *payment* to Kraig Vry by **Monday, Feb 9.**

Kraig Vry at Kraig.vry@dmymca.org; (515-965-8800 ext 105).

Ankeny Family YMCA, Attn: Kraig Vry
1102 N. Ankeny Blvd., Ankeny, IA 50023

Seating and Swimmers Holding Areas:

There are bleachers available in the pool area. We ask that swimmers do not sit in the pool area. Please encourage your parents to rotate from the pool area and holding area to allow all parents an opportunity to watch their swimmers. Please have **2-3 parents in-charge** of monitoring your swimmers in the holding area **at all times**. Your area will need to be picked up and clean before the meet results and ribbons will be given to the coaches. Coaches will be seated on the benches along the west side of the pool. Spectators will be seated in bleachers. We ask that spectators place their jackets in the team camps so as to keep the bleachers as clear and safe as possible. For relay events, spectators will be asked to wait in the main hallway to the pool for their age group's event. This is affectionately referred to as the "Ankeny Shuffle". We have found that for relay events we just do not have enough seating, and we do want all spectators to see their participant's events. We ask that you please respect this request so the meet can move in an efficient and timely manner.

Ankeny Family YMCA/Ankeny High School Rules:

1. No Glass containers allowed in the building.
2. No coolers or swim bags in the pool area.
3. No swimmers seated in the pool area.
4. Please stay out of restricted areas. This includes the first floor of the High School and YMCA. All teams are expected to provide adult supervision for their swimmers' area.
5. All teams are required to clean their assigned areas prior to receiving their ribbons.
6. Locker rooms are for showers and dressing only, not a play area.
7. Swimmers: Footwear is required outside the pool deck for safety reasons. This includes reporting to the clerk of course.
8. Awards room is off limits to all but officials, coaches and Ankeny volunteers.
9. Ankeny Family YMCA is located on school grounds; therefore smoking is prohibited in the building and on school grounds.
10. Swimmers: Please dry off prior to entering team camps.
11. Please follow all directional signage.
12. Be respectful, responsible, honest, and caring.
13. All rules as written in the Iowa State Rules Manual must be adhered to.

Information Booth:

This booth will be right outside the main pool doors. Upon arrival these individuals will provide directions to team camps and any other questions you might have. Programs, highlighters and water will also be for sale at this location.

Camp Areas:

The camp area will be located in the High School Balconies. **Please be aware that no participants are allowed to camp in the hallways or locker rooms.**

Locker Rooms:

Both the men's and the women's YMCA locker rooms will be open and available all day. Swimmers will be asked to exit the pool area through the locker room doors.

Concession Stand:

Concessions will be available in the High School cafeteria. Breakfast and Lunch items will be available along with many healthy (and non healthy) snack items. **Please be responsible and keep all food items in the high school cafeteria.**

Restrooms:

There are restrooms located in the YMCA locker rooms, which are assessable from the hallway. Larger restrooms are located in the High School Commons area.

Swim Apparel:

Action Accents will be set-up during the meet selling suits, accessories, t-shirts and so on.

Cancellations:

In case of inclement weather, please call (515) 729-0748 regarding cancellation or delay information.

Thank you and we look forward to hosting all of you in February at the Ankeny Family YMCA.

Contact Information:

Kraig Vry, Ankeny Family YMCA Executive Director

Kraig Vry at Kraig.vry@dmymca.org; (515-965-8800 ext 105).

Deb Defino, Ankeny Aquahawks Team Computer

emb@defino.biz

Attachments:

T-shirt order form

Official/Timer volunteer sheet